Slide 1: Are You Ready? Being Prepared for Deployment

Slide 2: Objectives

- Identify the legal, administrative, medical and dental, and financial matters that need to be completed prior to deployment.
- Identify civilian job considerations pertinent to pre-deployment.
- Identify emergency preparedness and notification processes.
- Identify strategies for preparing children for a loved one's deployment.

Slide 3: Get Organized

There are many different areas you need to consider before deployment. Turn to Handout 1: Deployment To-Do List. We are going to look at each of these categories.

Slide 4: Legal and Administrative Considerations

- Wills
- Power of Attorney
- SGLI
- DEERS/ID cards

Slide 5: Medical and Dental Considerations

- Pre-DHA
- Choose a family member plan
- Review plan benefits
- Prescriptions
- Dental
- Vision

Slide 6: Financial Considerations

- SCRA
- Direct deposit and checking accounts
- Taxes
- LES
- SDP
- FSA
- Military Relief Aid Societies

Slide 7: Job Considerations

- USERRA
- Use support services
    - ESGR
    - MREIDL

Slide 8: Prepare for Emergencies

Take a look at Handout 1: Deployment To-Do List. You will see a web-like diagram listed under the subheading My Support System. Write down the names of friends or family members who are part of your support system.

Slide 9: Prepare Children

- Share feelings
- Communicate frequently
- Explore destination
- Communicate with teachers
- Use open communication to help children cope more effectively

Slide 10: Review of Objectives

- Identify the legal, administrative, medical and dental, and financial matters that need to be completed prior to deployment.
- Identify civilian job considerations pertinent to pre-deployment.
- Identify emergency preparedness and notification processes.
- Identify strategies for preparing children for a loved one's deployment.

Slide 11: Are You Ready? Being Prepared for Deployment