Deployment To-Do List

Handout available for download on the YRRP website at:
https://www.yellowribbon.mil/cms/event-handout/

Websites

- ☐ Air Force Reserve
- ☐ Air National Guard
- ☐ Army Reserve
- ☐ Coast Guard Reserve
- ☐ Joint Service Support
- ☐ Marine Corps Reserve
- ☐ Military OneSource
- ☐ National Guard
- ☐ Navy Reserve
- ☐ Office of the Under Secretary for Personnel and Readiness
- ☐ Veterans Affairs website

Legal and Administrative Considerations

- ☐ Wills/Estate Planning
- ☐ Powers of Attorney
- ☐ Servicemembers' Group Life Insurance (SGLI)
- ☐ Defense Enrollment Eligibility Reporting System (DEERS)
- ☐ Identification (ID) Cards
- ☐ _____
- ☐ _____

Medical and Dental Considerations

- ☐ Pre-Deployment Health Assessment (Pre-DHA)
- ☐ Choose TRICARE® Plan – Enroll if required
- ☐ Review TRICARE Plan
- ☐ Employer Health Plan
- ☐ Prescriptions
- ☐ Dental
- ☐ Vision
- ☐ _____
- ☐ _____

Financial Considerations

- ☐ Servicemembers Civil Relief Act (SCRA)
- ☐ Direct Deposit
- ☐ Checking Accounts
- ☐ Allotments
- ☐ Taxes
- ☐ Leave and Earnings Statement (LES) or Payslip (Coast Guard)
- ☐ Savings Deposit Program (SDP)
- ☐ Military Relief Aid Societies
- ☐ Military OneSource Financial Counseling
- ☐ _____
- ☐ _____

Job Considerations

- ☐ Uniformed Services Employment and Reemployment Rights Act (USERRA)
- ☐ Notify supervisor
- ☐ Employer Support of the Guard and Reserve (ESGR)
- ☐ Professional Certification/License
- ☐ Military Reservist Economic Injury Disaster Loan (MREIDL)
- ☐ _____
- ☐ _____

Prepare for Emergencies

- ☐ Support System
- ☐ Emergency Plan
- ☐ Nongovernmental Organizations (NGO)
- ☐ American Red Cross (Red Cross)
- ☐ Veterans Service Organizations
- ☐ United Service Organizations
- ☐ Phone List
- ☐ _____
- ☐ _____

My Support System